

For Immediate Release

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## **Hermann to Host Missouri Cyclocross State Championships**

For the third year the City of Hermann will host the Missouri State Cyclocross Championships on December 6 in the Hermann City Park. The competition will begin at 10 a.m. and finish around 3:30 p.m.

State Champions will be crowned in several different race categories including: Juniors, Women, Masters, and Elite racers. Cyclists will be racing between 35 and 60 minutes depending on the category. Over 100 riders have pre-registered with 150 expected by race day.

Race Director Jeff Yielding, of Hermann, has designed a challenging 2.1 mile course, which features a sand pit, open grassy areas, paved sections and a stair climb.

“Having the State Championships in Hermann is a great honor” Yielding said. “Hermann has developed a reputation over the last few years for being an exceptional host city for cycling events.”

Cyclocross is a form of bicycle racing and races take place typically in the autumn and winter. Races consist of many laps on a course featuring pavement, grass, steep hills and obstacles requiring the rider to quickly dismount, carry the bike while navigating the obstruction and remount in one motion.

Cyclocross bikes are similar to racing bicycles: lightweight, with narrow tires and drop handlebars. However, they also share characteristics with mountain bicycles in that they utilize knobby tread tires for traction, and cantilever style brakes for clearance needed due to muddy conditions. Compared with other forms of cycle racing, tactics are fairly straightforward, and the emphasis is on the rider’s aerobic endurance and bike handling skills.

“This is a great event for spectators and we want to encourage everyone to come out and enjoy these races,” said Yielding.

Hermann is also host to the Tour of Hermann Stage race in April and Hermann Cross Under the Lights in September. It was a Host City for the 2008 Tour of Missouri.

Additional information is available at [www.VisitHermann.com](http://www.VisitHermann.com) or by calling the Hermann Welcome Center at 1-800-932-8687.

### **RACE SCHEDULE FOR DECEMBER 6**

<b>Time</b>	<b>Event</b>	<b>Duration</b>
10:00 A.M	Single Speed	35 Min
10:01 A.M.	Women 4	35 Min
10:02 A.M.	JR Men	35 Min
10:02 A.M.	JR Women	35 Min
11:00 A.M.	Men Cat 4	40 Min
11:01 A.M.	Women 123	40 Min
12:00 P.M.	Masters Men 30+	45 Min
	Masters Men 35+	45 Min
	Masters Men 40+	45 Min
	Masters Men 45+	45 Min
	Masters Men 50+	45 Min
1:15 P.M	Men Cat 3	50 Min
2:30 P.M	Men Pro 12	60 Min